

CBD Gummies

Niche: Testosterone

Email #1.

Subject: **Possibly the best natural approach to raising T-levels**

Body:

----- This is a special message from our friends Beau and Mike from Sund'ay Scaries, proud sponsors of this newsletter -----

Many men (and women) who attempt to raise testosterone levels do it by targeting testosterone **directly**.

Injections, pills, TRT, and even more gruelling methods said to stimulate more testosterone production, like incorporating punitive deadlifts and squats.

Needlessly painful if you ask us, and not without side-effects.

Turning a good chunk of that costly exogenous testosterone into estrogen in our bodies, and risking injury at the gym?

Nah.

Definitely accounts for diminishing returns.

Especially when an alternative approach – one that's safer, tastier and more effective – exists.

We're talking an **indirect** approach.

Specifically, reducing the levels of cortisol, and increasing the levels of feel-good oxytocin.

Time and again, research has shown that when these two conditions are met, a rise in T naturally follows.

And we've discovered the single best and tastiest way to reduce cortisol and increase feel-good oxytocin... in the form of tasty CBD gummies.

Of course, these gummies need to meet one crucial criteria to work.

CLICK HERE to find out more!

Email #2.

Subject: **Reduce this one hormone, and watch your T-levels rise automatically**

Body:

----- This is a special message from our friends Beau and Mike from Sunday Scaries, proud sponsors of this newsletter -----

What if raising your body's own natural T-levels wasn't a matter of raising testosterone directly (through diet, exercise and supplements)...

... but through lowering the one antagonist hormone that suppressed it: **Cortisol?**

Research is now unanimous on this topic: The higher your cortisol levels due to the heightened everyday stresses (acute and chronic), the lower your T-levels.

Lowering cortisol this way also has the added benefit of paving the way for other feel-good chemicals that keep you in a zone of motivation, well-being and even physical health and longevity.

Feeling this good in turn gets you to actually get stuff done without overwhelm, and allows you to accrue everyday WINS, like...

- Getting stuff done that you've been postponing.
- Approaching that good-looking stranger you've been hovering around.
- Commencing with that project you've been scared to start.
- Working a room at a career-making networking event that used to intimidate you...

And beyond!

As you accrue these wins, your Testosterone invariably responds and rewards you by elevating itself.

Creating an upward spiral of luck and fortune.

Now there are two ways to decrease cortisol:

First way: Learn to meditate for months and sometimes years, use “will power” to brave through the fear of getting things done, and use insulin-spiking foods (not ideal!)

Second and better way: Use the purest CBD you could find.

The effects start in mere minutes, and will increase over time of continued CBD use.

And as far as purity goes, you'll be hard-pressed to find one more pure than the CBD Gummies that come from Sunday Scaries.

Click here to learn more, and start living that high-octane life!

Email #3.'

Subject: **Two types of “Stress”: one drops T-levels, the other RAISES it**

Body:

----- *This is a special message from our friends Beau and Mike from Sunday Scaries, proud sponsors of this newsletter* -----

Warning: Knowing the difference between these two types of stress can uplevel your life... and place you firmly in the top 3% of the population.

The first type actually takes two forms: acute stress, which is the response to sudden upsets in life, and chronic stress, which is when those upsets remain and don't go away.

This type elevates cortisol, lowers testosterone, creates a constant fight-or-flight response in the body, depletes energy and reduces overall effectiveness in the wake of life's challenges.

Know what that spells? MORE challenges, and further depletion, frustration and stuckness.

The second type is one that heals, motivates, inspires, expands. It's the type that lowers cortisol, elevates testosterone, and creates an upward, celebratory trajectory in life.

It's the type that results from tackling challenges, removing them, and then for good measure, giving yourself even more “calculated” challenges to get yourself to the next level!

This is why it is called “useful stress”, shortened to **eustress**.

So, how do you transition from the former to the latter?

Two easy steps:

- 1- Momentary (temporary) disengagement from the immediate external challenges that cause acute and chronic stresses.

2- Turning inward, and as your first move, getting out of fight-or-flight by reducing cortisol.

Once that is done, a cascade of feel-good chemicals begin to take place in your body and mind.

You will gain the inner clarity to take inventory of what needs to be done. You will feel a renewed sense of faith and hope, and a remembering of your power.

That will in turn get you to ACT, and to turn obstacles into “wins”.

The wins in turn create a sense of relief, elevate testosterone, and move you from your current sector of reality to a far friendlier one.

And there is one compound that does the “Step 2” part better than anything we’ve ever come across: tripe-sifted, pure CBD.

[CLICK HERE](#) to learn more and give yourself an “unfair advantage” starting TODAY!

